



Sports Hypnotist at NWFC

What is getting in your way of becoming the fencer you have dreamed about?

Wednesday, April 2nd at 7:30 PM

Eric Singer, sports hypnotist and former Salle Auriol fencer will be at the NWFC to assist athletes with moving towards success in their sport.

The participants will learn EFT (Emotional Freedom Technique) enabling them to move past obstacles and blocks that may be getting in the way of fencing excellence.

Eric will conclude the talk with a session of guided imagery

Come away more focused, more relaxed and more confident with an expectation for a successful outcome at your next competition.

Parents are welcome to attend and participate in this event.

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