

ATHLETIC EXCELLENCE

**PICTURE IT!
BECOME IT!**



A GAME PLAN FOR SUCCESS

- YOU HAVE PRACTICED AND YOUR BODY KNOWS EXACTLY WHAT TO DO.
- IS YOUR MIND 100% READY TO GO?
- BEING THE BEST BEGINS IN YOUR MIND.
- CLOSE YOUR EYES AND VISUALIZE A POWERFUL SUCCESSFUL OUTCOME.
- PROVEN METHOD USED BY PROFESSIONAL ATHLETES.

WHERE WHEN HOW

Eric Singer's Hypnosis · Portland, Oregon
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www.ericsingershypnosis.com

ERIC IS AVAILABLE FOR INDIVIDUAL, GROUP, OR TEAM SESSIONS.
CALL TO SET UP A FREE CONSULTATION.

BRING THE FUN BACK TO YOUR GAME!

**BECOME THE ATHLETE
OF YOUR DREAMS WITH
SPORTS HYPNOSIS.**

MOVE PAST HESITATION
WITH CONFIDENCE AND FIND THE
ZONE TO PERFORM WITH
CONSISTENCY.

ELIMINATE DOUBT,
HESITATION, SLUMPS,
BOREDOM, EXCESSIVE
NERVOUSNESS .

BRING RENEWED ENERGY,
EXCITEMENT AND EXCELLENCE
TO YOUR SPORT.

WE HAVE BEEN COMBINING
SPORTS AND HYPNOSIS
SUCCESSFULLY FOR OVER
35 YEARS.

Eric Singer Certifications:
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